



Sunday Walks Leader

Purpose: To build friendships and enjoy fellowship with church family and guests whilst taking a healthy walk, getting fresh air and enjoying refreshments.

Reports to: Wendy Anez (Sunday walk organiser) or Guy & Fiona Cochran (support team)

Time Commitment: First Sunday of every month 2-6pm approximately. In addition some walks may be trialled prior to the day if not known well. Some admin include researching walks, keeping folders of photos filed online, messaging walk announcements for church newsletter, communicating with a WhatsApp group of those who regularly attend the walks.

Key Responsibilities:

- Plan a walk mid-month ready for the first Sunday of the following month (staying fairly near to Crediton during the winter months and venturing further afield e.g. beaches during the summer months).
- If possible, call ahead to a pub or café near the walk and book a table (this can be for during the walk or at the end of it).
- Send a clear announcement with instructions to the CCC administrator to publish in newsletter two Fridays prior to the walk.
- Announce the walk on the WhatsApp group also as some people attend who do not get the CCC newsletter
- Be at the CCC car park before 2pm on the day of the walk to make sure everyone has a lift to the walk starting point.
- Guide the walk and make sure the pace is not too fast (or slow!) and that everyone is coping.
- Make sure everyone feels welcome and part of the group, chatting to those who may seem isolated.
- Take photos during the walk and of the group to file for future use and also send them on to Leanne who puts them on social media for us.
- Be prepared to carry out any first aid which may be needed (carry a small basic first aid kit).

Success Looks Like:

- Those attending the walk have a good time and friendships grow
- Those trying it out return
- It doesn't rain!